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## ABSTRACT OF THE DISCLOSURE

A sanitary napkin for use by a woman for feminine hygiene and adapted to be worn in an undergarment having a main body portion including a liquid permeable body impermeable garment faceable cover layer, a liquid element absorbent layer, an faceable barrier The main body portion has at least two therebetween. longitudinally extending hinges in a center Each hinge is adapted adjacent the longitudinal edges. longitudinally extending preferential provide a The hinges are spaced apart along at bending axis. least a portion of their length and at least one hinge has a radius of curvature and an adjacent hinge of has а radius either substantially straight orcurvature greater than the other hinge